

## EUROPEAN DAY 2021

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- 8h – sessão de abertura
- Introduction by ESRA President Thomas VOLK
- Best technology and outcomes for radiofrequency ablation of major joint- Andrzej Krol
- **LECTURE:** PRO/CON – Sedation or awake for RA – Clara e Francisco Lobo
- WALANT: a chemical tourniquet - Frederic Le Saché
- POCUS: the newest power of the anesthesiologist - Jan Boublik
- **LIVE DEMO** - Distal blocks for hand and foot surgery - Duarte Machado
- Prevention & management of nerve injury associated to nerve blocks - José Aguirre
- **LECTURE** - Reintroducing Prilocaine and Chloroprocaine, what we have learned in the last 10 years? Humberto Rebelo

**COFEE BREAK – entre as 10:30 e 11h**

- Trunk fascial plane blocks nomenclature - Kariem El-Boghdadly
- Tips & Tricks for Neuraxial Ultrasound - Manoj Karmakar;
- **LECTURE** - The use of US/POCUS in daily practice of anesthesia – Elena Segura
- Tools for comfort in the theater for awake surgery : music & virtual reality - Veena Graff

- Understanding the european clinical practice recommendations on opioids for non-cancer pain - Winfried Häuser

- **LECTURE** - RA should be the norm: COVID pandemia experience – Marta Pereira